



## SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



**SHELBY COUNTY RETIREMENT SYSTEM**  
1075 Mullins Station, W2 Building - 2<sup>nd</sup> Floor • Memphis, TN 38134  
Phone: 901-222-1950 • Fax: 901-222-1960  
Email: [retirement.office@shelbycountyttn.gov](mailto:retirement.office@shelbycountyttn.gov)



### July 2025



### RETIREMENT BOARD MEETING

Tuesday, August 12, 2025  
10:00 A.M., 160 N. Main, Memphis, TN 38103  
Richards Conference Room - 5<sup>th</sup> Floor



Please review your deposit advice on Web member Services and report any discrepancies regarding your insurance deductions. You may also contact your financial institution regarding your deposit.

Discrepancies must be reported within 60 days of each pay date in order to receive credit for any incorrect changes.

The Retirement Office must be notified in writing of all address, telephone number, and direct deposit changes by mail at **Shelby County Government, 1075 Mullins Station, W2 Building, 2<sup>nd</sup> Floor, Memphis, TN 38134** or by email at [retirement.office@shelbycountyttn.gov](mailto:retirement.office@shelbycountyttn.gov)



901-458-4000 1-800-445-5011

[www.myconcerneap.com](http://www.myconcerneap.com)



### **RETIREMENT PAYROLL 2025** **AUGUST 29, 2025**

<u>NAME</u>	<u>DEPARTMENT</u>	<u>Y.O.S.</u>
BRENDA ADAMS	CORRECTIONS	25.83
VONDA BELEW	SHERIFF'S OFFICE	25.16
WILLIAM CARPENTER	FIRE DEPT	28.09
THOMAS COUPE	JUVENILE COURT	17.70
MARGARET CULVER	ASSESSOR'S OFFICE	30.24
YVONNE JACKSON	SHERIFF'S OFFICE	22.82
SHARON LEWIS	SHERIFF'S OFFICE	23.91
GREGORY RAINEY	SHERIFF'S OFFICE	27.68
LILLIE ROBERTS	HEALTH DEPT	39.36

As a participant in Shelby County Government's health insurance plan, it is a requirement that retirees and their dependent(s) obtain Medicare Part A & Part B approximately 3 months prior to turning 65. It is a requirement, if eligible, that any retiree or dependent who is currently disabled, or becomes disabled, must also apply for Medicare Part A & Part B. Please contact your local Social Security Office for further information regarding Medicare.

## SCORE NEWS

Shelby County Organization of  
Retired Employees

**All retirees are welcome.**

Scan the QR code below  
to join the SCORE Facebook page



### Health Care Provider Contact Information

**HUMANA (Post-65 Retirees)**

1-866-396-8810 – HUMANA Member Services

1-855-202-9799 – **HUMANA RetireeFirst Advocacy Team**

**Cigna Medical (Pre-65 Retirees & Active Employees)**

1-800-558-7453

**Cigna Dental**

1-800-244-6224

**MetLife Vision**

1-833-393-5433

**Metropolitan Life Insurance Co. (MetLife)**

1-800-638-6420

**Social Security/Medicare**

1-800-772-1213

*Please Keep These Numbers in a Convenient Place*



The Memphis Museum of Science & History is now accepting volunteer applications for the Pink Palace Museum, Lichterman Nature Center, and the Mallory-Neely House. For information on volunteering, please contact Janie Best Paraham, Manager of Volunteer Services at [Janie.paraham@memphistn.gov](mailto:Janie.paraham@memphistn.gov), 901-636-2438, or visit our volunteer page at [//moshmemphis.com/volunteers/](http://moshmemphis.com/volunteers/)



CAMILLE BLACK	HEALTH DEPT	06/21/2025
SHIRLEY BRUMLEY	HEALTH DEPT	07/13/2025
MARY BULLOCK	FIRE DEPT	06/16/2025
BOBBY COMSTOCK	GENERAL SESSIONS	06/30/2025
JAMES DOBBINS	SHERIFF'S OFFICE	06/30/2025
ALEXANDRIA HARRIS	CORRECTIONS	07/18/2025
LAVERNE HAYES	FINANCE	07/26/2025
ROBERT HERMANN	REGISTER OFFICE	06/16/2025
ROBERT HORNE	JURY COMMISSION	07/01/2025
HEWLETT LEWERS	SHERIFF'S OFFICE	07/01/2025
RICHARD ROSE	SHERIFF'S OFFICE	07/02/2025
AUBREY SMTIH	SUPPORT SERVICES	07/26/2025
WILLIAM TURNER	SUPPORT SERVICES	07/14/2025



### Our Mission

Provide information and assistance to connect seniors, adults with disabilities, their families and caregivers with the tools needed to maximize their independence and safety in their chosen community.

**Serving Fayette, Lauderdale,  
Shelby and Tipton Counties**

160 N Main Street 3<sup>rd</sup> Floor Memphis, TN 38103

901-222-4111

866-836-6678 (TTY 711) toll free

[www.AgingCommission.org](http://www.AgingCommission.org)

Visit us on Facebook at

"Aging Commission of the Mid-South"

## Healthy Recipe

Healthy, delicious recipes, including quick dinner, easy lunch ideas, snacks, breakfast, soup and more, from the food and nutrition experts at: [www.eatingwell.com](http://www.eatingwell.com)



### Banana-Mango Smoothie

Start your day with a flavorful fruit smoothie. This smoothie is as delicious as breakfast, but also serves well as an afternoon snack or even a frosty dessert.

### Directions

Arrange the mango cubes in a single layer on a baking sheet; freeze until firm (about 1 hour). Place frozen mango, banana, milk, dry milk (if using), honey and vanilla extract in a blender. Process until smooth.

### Tip

Freeze the cubed mango overnight in an airtight container to make this smoothie a snap to throw together (for variety, try substituting frozen berries for the mango). Remember to let frozen mango thaw for 15 minutes to soften slightly. The dry milk is optional, but one tablespoon provides about 100 milligrams of calcium.



*Happy Birthday to all Retirees  
for the Month of July 2025*