

## SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



### SHELBY COUNTY RETIREMENT SYSTEM

1075 Mullins Station, W2 Building - 2<sup>nd</sup> Floor • Memphis, TN 38134

Phone: 901-222-1950 • Fax: 901-222-1960 Email: retirement.office@shelbycountytn.gov



# **June 2025**



To better serve
our employees and retirees,
the Shelby County Retirement Office has
moved to:

1075 Mullins Station W2 Building – 2<sup>nd</sup> Floor Memphis, TN 38134

Please forward all correspondence to the new address or visit us at the new location.

Our contact information remains the same Office: 222-1950 Fax: 222-1960

retirement.office@shelbycountytn.gov



## **RETIREMENT BOARD MEETING**

Tuesday, July 8, 2025 10:00 A.M., 160 N. Main, Memphis, TN 38103 Richards Conference Room - 5<sup>th</sup> Floor

## UPCOMING SHELBY COUNTY GOVERNMENT HOLIDAYS

Offices will be closed

Friday, July 4, 2025 INDEPENDENCE DAY

Please review your deposit advice on Web member Services and report any discrepancies regarding your insurance deductions.

Discrepancies must be reported within 60 days of each pay date in order to receive a credit for any incorrect changes.



NAME	DEPARTMENT	<u>Y.O.S.</u>
TERRY FINCH	SUPPORT SERVICES	18.49
ANNA JANECEK	HEALTH DEPT	11.32
SOHELIA KAIL	SHERIFF'S OFFICE	30.45
JERRY LAYDEN	HEALTH DEPT	19.09
ANNIE MAXWELL	SHERIFF'S OFFICE	26.64
ANN MORRIS	HEALTH DEPT	21.29
KARI A RFFD	CORRECTIONS	15.45



## **RETIREMENT PAYROLL 2025**

July 31, 2025



#### **Our Mission**

Provide information and assistance to connect seniors, adults with disabilities, their families and caregivers with the tools needed to maximize their independence and safety in their chosen community.

> Serving Fayette, Lauderdale, Shelby and Tipton Counties

160 N Main Street 3<sup>rd</sup> Floor Memphis, TN 38103 901-222-4111 866-836-6678 (TTY 711) toll free www.AgingCommission.org Visit us on Facebook at "Aging Commission of the Mid-South"

### **SCORE NEWS**

Shelby County Organization of Retired Employees

The next SCORE Board meeting will be held on Monday, July 7, 2025 at 10:00 A.M., and the SCORE meeting will be held the same day, at 11:00 A.M., at the Board of Education Building, 160 S. Hollywood, Barnes Auditorium.

All retirees are welcome to attend and join SCORE

Scan the QR code below to join the SCORE Facebook page





DORA ANDERSON	HEALTH DEPT	06/06/2025
CAMILLE BLACK	HEALTH DEPT	06/21/2025
JAMES DOBBINS	SHERIFF'S OFFICE	06/30/2025
JAMES DYER	SHERIFF'S OFFICE	06/16/2025
BETTY GARVIN	HEALTH DEPT	06/03/2025
WILLIE GREEN	CORRECTIONS	06/17/2025
FLORA HARWELL	CORRECTIONS	06/06/2025
CAROL LEE	SHERIFF'S OFFICE	06/27/2025
PATRICIA LITTLE	SHERIFF'S OFFICE	06/06/2025
ERNESTINE ONEAL	SC HEALTHCARE	05/27/2025
DORRIS WILLIAMS	OAKVILLE	06/22/2025

As a participant in Shelby County Government's health insurance plan, it is a requirement that retirees and their dependent(s) obtain Medicare Part A & Part B approximately 3 months prior to turning 65. It is a requirement, if eligible, that any retiree or dependent who is currently disabled, or becomes disabled, must also apply for Medicare Part A & Part B. Please contact your local Social Security Office for further information regarding Medicare.

#### Health Care Provider Contact Information

**HUMANA** (Post-65 Retirees)

1-866-396-8810 — HUMANA Member Services

1-855-202-9799 – <u>HUMANA RetireeFirst Advocacy Team</u>

Cigna Medical (Pre-65 Retirees & Active Employees)

1-800-558-7453

Cigna Dental

1-800-244-6224

MetLife Vision

1-833-393-5433

Metropolitan Life Insurance Co. (MetLife)

1-800-638-6420

Social Security/Medicare

1-800-772-1213

Please Keep These Numbers in a Convenient Place

# Healthy Recipe

Healthy, delicious recipes, including quick dinner, easy lunch ideas, snacks, breakfast, soup and more, from the food and nutrition experts at: www.eatingwell.com



## **Easy Fruit Salad**

This easy fruit salad is fresh and sweet, with bright notes from the lime juice that also helps keep the fruit fresh.

#### **Ingredients**

- 2 cups chopped fresh pineapple
- 1 cup orange segments
- 3 medium kiwis, peeled, halved and sliced (1/4-inch)
- 1 medium crisp, sweet apple, such as Gala or Pink Lady, cubed
- 1 cup seedless red grapes, halved
- 2 tablespoons fresh lime juice

#### Directions

1. Combine pineapple, oranges, kiwis, apple, grapes and lime juice in a large bowl. Let stand for 5 minutes, tossing occasionally, before serving.

#### To make ahead

Refrigerate in an airtight container for up to 3 days



The Memphis Museum of Science & History is now accepting volunteer applications for the Pink Palace Museum, Lichterman Nature Center, and the Mallory-Neely House. For information on volunteering, please contact Janie Best Paraham, Manager of Volunteer Services at <a href="mailto:Janie.paraham@memphistn.gov">Janie.paraham@memphistn.gov</a>, 901-636-2438, or visit our volunteer page at //moshmemphis.com/volunteers/