

ATTENTION RETIREES

I am excited to announce that this year's **4th Annual ShelbyCares Senior Prom** will be returning to The Kent on Tuesday, June 17th from 4 p.m. to 7 p.m. This event is for Shelby County residents 62 and over and promotes physical activity, healthy living, and fellowship among our community's senior citizens.

As June is also National Men's Health Awareness Month, I want to especially encourage the men of Shelby County to come out and show out in your sharpest prom attire. According to Harvard Medical School and the National Institutes of Health, women are more likely to have medical insurance, more likely to have a relationship with a doctor, and more likely to seek out nutritious meals.

This Administration is dedicated to making Shelby County one of the healthiest places on Earth, and [ShelbyCares](#), a community-wide collaboration between the Mayor's Office of Innovation and Strategic Communications and the University of Tennessee Health Science Center College of Medicine, helps us move closer to that goal by combating our biggest health challenges through free health coaching, screenings, and community outreach.

This year's ShelbyCares Senior Prom event will feature the Garry Goin Group, DJ Stan Bell, a delicious and healthy meal, mocktails by Candy Bar, and more. We hope you can join us there.

Registration opens this Friday, June 6th at 9 a.m. Registration is required to attend. Click here for more information and to register: <http://bit.ly/SCSeniorProm4>.

All the best,

Lee Harris

Mayor

