



## SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



### SHELBY COUNTY RETIREMENT SYSTEM

1075 Mullins Station, W2 Building - 2<sup>nd</sup> Floor • Memphis, TN 38134

Phone: 901-222-1950 • Fax: 901-222-1960

Email: [retirement.office@shelbycountyttn.gov](mailto:retirement.office@shelbycountyttn.gov)



## February 2025

### NEW LOCATION

To better serve  
our employees and retirees,  
the Shelby County Retirement Office  
has moved to:

**1075 Mullins Station  
W2 Building – 2<sup>nd</sup> Floor  
Memphis, TN 38134**

Please forward all correspondence to  
the new address or visit us at the new  
location.

Our contact information  
remains the same

Office: 222-1950

Fax: 222-1960

[retirement.office@shelbycountyttn.gov](mailto:retirement.office@shelbycountyttn.gov)

**RETIREMENT PAYROLL 2025**  
**March 31, 2025**



### RETIREMENT BOARD MEETING

Tuesday, March 11, 2025

10:00 A.M., 160 N. Main, Memphis, TN 38103

Richards Conference Room - 5<sup>th</sup> Floor



**Daylight saving time in 2025 begins  
Sunday, March 9<sup>th</sup> at 2A.M.**



<u>NAME</u>	<u>DEPARTMENT</u>	<u>Y.O.S.</u>
DONALD DEBERRY	CORRECTIONS	33.13
RONALD PETERSON	CORRECTIONS	20.95
RUBEN SMITH	HEALTH DEPT.	36.07
TERRY TATE	SHERIFF'S OFFICE	29.54
ROBBIE WRIGHT	SHERIFF'S OFFICE	23.12

**Please review your deposit advice on Web  
member Services and report any discrepancies  
regarding your insurance deductions.**

**Discrepancies must be reported within 60 days of  
each pay date in order to receive a credit for any  
incorrect changes.**

## Healthy Recipe

Healthy, delicious recipes, including quick dinner, easy lunch ideas, snacks, breakfast, soup and more, from the food and nutrition experts at: [www.eatingwell.com](http://www.eatingwell.com)



**Strawberry Spinach Salad  
with Avocado & Walnuts**

Serve this summery strawberry spinach salad alongside soup or a half sandwich, or top with grilled chicken or roasted salmon for a complete and easy healthy meal.

### Ingredients

- 3 cups baby spinach
- 1 tablespoon finely chopped red onion
- ½ cup sliced strawberries
- 2 tablespoons vinaigrette, such as Annie's Light Raspberry Vinaigrette
- ¼ medium avocado, diced
- 2 tablespoons toasted walnut pieces

### Directions

1. Combine spinach, onion, and strawberries in a medium bowl. Drizzle with vinaigrette; toss to coat. Top with avocado and walnuts.

As a participant in Shelby County Government's health insurance plan, it is a requirement that retirees and their dependent(s) obtain Medicare Part A & Part B approximately 3 months prior to turning 65. It is a requirement, if eligible, that any retiree or dependent who is currently disabled, or becomes disabled, must also apply for Medicare Part A & Part B. Please contact your local Social Security Office for further information regarding Medicare.



JAMES CLARK	JUVENILE COURT	02/13/2025
LINDA GARRISON	SHERIFF'S OFFICE	01/14/2025
JULIA SAYLE	DIVORCE REFEREE	01/30/2025
JOY VERNON	JUVENILE COURT	02/15/2025

## SCORE NEWS

Shelby County Organization of  
Retired Employees

The next **SCORE Board** meeting will be held on **Monday, April 7, 2025** at 10:00 A.M., and the **SCORE** meeting will be held the **same day**, at 11:00 A.M., at the Board of Education Building, 160 S. Hollywood, Barnes Auditorium.

**All retirees are welcome.**

Scan the QR code below  
to join the SCORE Facebook page



*Happy Birthday to all Retirees  
for the Month of February 2025*

## Humana. Highlights...

### POST 65 RETIREES

### 2025 Value-Added Items and Services

Your guide to special discounts and services

Check out special  
discounts at  
**MyHumana.com**

To save you money, as a Humana Medicare plan member, you have access to valuable discounts on items you may need or want.

This is not a complete description of offers, login to MyHumana or call the number on your Humana member ID card.

If you're having trouble accessing the Special Discounts page on MyHumana.com, please call the number on your Humana member ID card.



Sign in to  
MyHumana.com.



Choose Special Discounts  
from the coverage menu.



Check out all your available  
offers, and get more  
information by selecting the  
link at the bottom of the box.

**Humana.** A more human way to healthcare™

### Health Care Provider Contact Information

HUMANA (Post-65 Retirees)

1-866-396-8810 – HUMANA Member Services

1-855-202-9799 – HUMANA RetireeFirst Advocacy Team

Cigna Medical (Pre-65 Retirees & Active Employees)

1-800-558-7453

Cigna Dental

1-800-244-6224

MetLife Vision

1-833-393-5433

Metropolitan Life Insurance Co. (MetLife)

1-800-638-6420

Social Security/Medicare

1-800-772-1213

*Please Keep These Numbers in a Convenient Place*