#### SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



**NAME** 

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# SHELBY COUNTY GOVERNMENT **HOLIDAYS**

JUNETEENTH DAY

INDEPENDENCE DAY



Happy Birthday to all Retirees for the Month of May 2024



#### RETIREMENT BOARD MEETING

Tuesday, June 11, 2024 10:00 A.M., 160 N. Main, Memphis, TN 38103 Richards Conference Room - 5th Floor

# **UPCOMING**

Offices will be closed

Wednesday, June 19, 2024

Thursday, July 4, 2024



Please review your deposit advice on Web member Services and report any discrepancies regarding your insurance deductions. You may also contact your financial institution regarding your deposit.

**SCORE NEWS** 

Shelby County Organization of

Retired Employees

The next SCORE Board meeting will be held on Monday, July 8, 2024 at 10:00 A.M., and the **SCORE** meeting will be held the same day, at 11:00

A.M., at the Board of Education Building, 160 S.

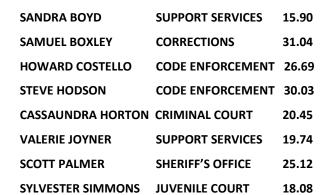
All retirees are welcome.

Scan the QR code below

to join the SCORE Facebook page

Hollywood, Barnes Auditorium.

Discrepancies must be reported within 60 days of each pay date in order to receive credit for any incorrect changes.



**DEPARTMENT** 

Y.O.S.

32.16

12.80

### **RETIREMENT PAYROLL 2024** June 28, 2024

**JUVENILE COURT** 

LAND BANK

## **Healthy Recipe**

Healthy, delicious recipes, including quick dinner, easy lunch ideas, snacks, breakfast, soup and more, from the food and nutrition experts at: <a href="https://www.eatingwell.com">www.eatingwell.com</a>

#### **Fresh Fruit Salad**



#### **Ingredients**

Lime Yogurt Dressing (optional)

- 1 cup low-fat plain yogurt
- 1 tablespoon granulated sugar
- 2 teaspoons lime zest
- 2 teaspoons lime juice

#### **Fruit Salad**

- 2 cups diced fresh pineapple
- 1 pound strawberries, hulled and sliced
- ½ pint blackberries, halved
- 4 ripe kiwis, peeled, halved and sliced

#### **Directions**

- To prepare dressing, if using: Combine yogurt, sugar, lime zest and lime juice in a medium bowl.
- 2. **To prepare salad:** Combine pineapple, strawberries, blackberries and kiwi in a large bowl. Serve with lime yogurt dressing, if desired.

#### To make ahead

Refrigerate fruit salad for up to 2 hours. Refrigerate dressing for up to 1 day.



LELAND ALEXANDE	R CORRECTIONS	04/27/2024
MURRAY ALPERIN	OAKVILLE	03/27/2024
PATRICIA BIGGS	COMMUNITY SERV.	05/02/2024
ROBERT BOURKE	O.P.D.	04/16/2024
PRISCILLA CAMPBELL	ATTORNEY GENERAL	05/15/2024
BRIAN DILL	SHERIFF'S OFFICE	04/27/2024
JACQUELYNE GARDNER	GENERAL SESSIONS	03/11/2024
SANDRA HANEY	ASSESSOR OFFICE	05/05/2024
MARY IRBY	REGIONAL ONE	04/26/2024
LEO MCKINNEY	SHERIFF'S OFFICE	04/28/2024
WILLIAM MURPHY	INFO TECHNOLOGY	04/27/2024
PAMELA SMITH	GENERAL SESSIONS	05/01/2024
SHELLEY VINCENT	ATTORNEY GENERAL	. 04/25/2024



The Memphis Museum of Science & History is now accepting volunteer applications for the Pink Palace Museum, Lichterman Nature Center, and the Mallory-Neely House. For information on volunteering, please contact Janie Best Paraham, Manager of Volunteer Services at <a href="mailto:Janie.paraham@memphistn.gov">Janie.paraham@memphistn.gov</a>, 901-636-2438, or visit our volunteer page at //moshmemphis.com/volunteers/

As a participant in Shelby County Government's health insurance plan, it is a requirement that retirees and their dependent(s) obtain Medicare Part A & Part B approximately 3 months prior to turning 65. It is a requirement, if eligible, that any retiree or dependent who is currently disabled, or becomes disabled, must also apply for Medicare Part A & Part B. Please contact your local Social Security Office for further information regarding Medicare.

#### Health Care Provider Contact Information

HUMANA (Post-65 Retirees)

1-866-396-8810 – HUMANA Member Services

1-855-202-9799 – HUMANA RetireeFirst Advocacy Team
Cigna Medical (Pre-65 Retirees & Active Employees)

1-800-558-7453
Cigna Dental

1-800-244-6224
MetLife Vision

1-833-393-5433
Metropolitan Life Insurance Co. (MetLife)

1-800-638-6420
Social Security/Medicare

1-800-772-1213
Please Keep These Numbers in a Convenient Place

The Retirement Office must be notified in writing of all address, telephone number, and direct deposit changes by mail at Shelby County Government, 160 North Main Street 7th Floor, Memphis, TN 38103 or by email at

retirement.office@shelbycountytn.gov

NAME			
NEW ADDRESS			
CITY	STATE	ZIP	
PHONE:			
EMAIL ADDRESS:			
SIGNATURE:			