



## SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



### SHELBY COUNTY RETIREMENT SYSTEM

160 N. Main 7<sup>th</sup> Floor • Memphis, TN 38103

Phone: 901-222-1950 • Fax: 901-222-1960

Email: [retirement.office@shelbycountyttn.gov](mailto:retirement.office@shelbycountyttn.gov)



## JANUARY 2024



### RETIREMENT BOARD MEETING

Tuesday, February 13, 2024

10:00 A.M., 160 N. Main, Memphis, TN 38103

Richards Conference Room - 5<sup>th</sup> Floor

### SCORE NEWS

Shelby County Organization of  
Retired Employees

Scan the QR code below  
to join the SCORE Facebook page



### SCORE Announcement

Hot Springs Trip April 2024  
See Web Member Services  
for Details

### Cost of Living Adjustment

We are pleased to announce the following cost of living adjustment (COLA) for certain retirees and beneficiaries who are receiving a monthly benefit. The cost of living increase is included on your **January 31, 2024** pension deposit. Increases are as follows:

**Plan A and C Members** will receive a 3.7% COLA

- ❖ Retirees age 65 or older as of 12/31/2023
- ❖ Disabled Retiree
- ❖ Dependent Children
- ❖ Surviving Spouses age 65 or older or receiving 2-year temporary benefit

**Plan B Members** will receive a 1% COLA

- ❖ Retirees & Surviving Spouses age 65 or older as of 12/31/2023. The original Retiree must have 25 years of service to qualify for this COLA.
- ❖ Disabled Children
- ❖ Retired before 1/1/2018
- ❖ Pension less than \$3000.00 per month

**Plan D Members** will receive a 2% COLA

- ❖ Retirees & Surviving Spouses age 67 or older as of 12/31/2023
- ❖ Dependent Children

*Happy Birthday to all Retirees  
for the Month of January 2024*

**RETIREMENT PAYROLL 2024**

**February 29, 2024**

Please review your deposit advice on Web member Services and report any discrepancies regarding your insurance deductions.

Discrepancies must be reported within 60 days of each pay date in order to receive a credit for any incorrect changes.

## POST 65 RETIREES

### SAMPLE

<b>Humana.</b> <b>HUMANA MEDICARE (EMPLOYER PPO)</b> A Medicare Health Plan with Prescription Drug Coverage	
CARD ISSUED: MM/DD/YYYY	
<b>MEMBER NAME</b> <b>Member ID: HXXXXXXXXX</b> Plan (80840) 9140461101 SHELBY COUNTY GOVERNMENT	
RxBIN: XXXXXX	<b>Copayments</b>
RxPCN: XXXXXXXX	OFFICE VISIT: \$XX
RxGRP: XXXXX	SPECIALIST: \$XX
	HOSPITAL EMERGENCY: \$XX
	<b>MedicareRx</b> Prescription Drug Coverage
	CMS XXXX XXX

<b>Member/Provider Service: 1-866-396-8810</b>	
If you use a TTY, call 711	
RetireeFirst Advocacy Team:	1-855-202-9799
Pharmacist/Physician Rx Inquiries:	1-800-865-8715
Claims, PO Box 14601, Lexington, KY 40512-4601	
Medicare limiting charges apply	
Please visit us at <b>Humana.com</b>	

Additional Benefits: DENXXX VISXXX HERXXX



<u>NAME</u>	<u>DEPARTMENT</u>	<u>Y.O.S.</u>
GARY BEANS	SHERIFF'S OFFICE	28.04
ALFRED CHILDREY, JR	SHERIFF'S OFFICE	34.87
DEANEA ELLIS	SHERIFF'S OFFICE	17.33
LARRY ELLIS	ASSESSOR'S OFFICE	7.50
BELINDA HARRIS	SHERIFF'S OFFICE	22.37
FLORA HARWELL	SHERIFF'S OFFICE	22.12
RANDALL HENDON	CRIMINAL COURT	8.41
ELLA JENKINS	GENERAL SESESSIONS	23.74
ARTHUR JOHNSON	SHERIFF'S OFFICE	25.08
LARRY KENT	CORRECTIONS	28.90
GLEN KNEELAND	FIRE DEPARTMENT	25.50
TIJUANA LOFTON	SHERIFF'S OFFICE	25.04
CASSANDRA MARTIN	SHERIFF'S OFFICE	23.66
DONNA MALONE	SHERIFF'S OFFICE	30.25
RANDAL MILLER	CORRECTIONS	26.33
NIDRA MURRY	SHERIFF'S OFFICE	28.63
ALEX POSTON	SHERIFF'S OFFICE	26.33
BARRY STEWART	SHERIFF'S OFFICE	25.70
LAWANDA TALLEY	SHERIFF'S OFFICE	35.65
KIRSTEN TOWNSEND	PUBLIC DEFENDER	30.33
ODELL UNDERWOOD	SHERIFF'S OFFICE	25.00
LACRECIA WEBB	CRIMINAL COURT	18.83
WESLEY YOUNG	SHERIFF'S OFFICE	25.08

## Healthy Recipe

Healthy, delicious recipes, including quick dinner, easy lunch ideas, snacks, breakfast, soup and more, from the food and nutrition experts at: [www.eatingwell.com](http://www.eatingwell.com)



### Ingredients

- 3 tablespoons extra-virgin olive oil
- 1 cup diced onion
- 1 cup diced celery
- ½ cup all-purpose flour
- 1 teaspoon dry mustard
- ¼ teaspoon salt
- ¼ teaspoon ground pepper
- 4 cups reduced-sodium chicken broth
- 1 cup whole milk
- 3 cups chopped broccoli florets
- 2 cups diced Yukon Gold potatoes
- 1 pound boneless skinless chicken breasts, cut into bite-size pieces
- 1 cup shredded Cheddar cheese, plus more for garnish
- Finely diced red onion for garnish

### Directions

1. Heat oil in a large pot over medium heat. Add onion and celery; cook, stirring frequently, until softened and beginning to brown, 3 to 6 minutes. Sprinkle flour, dry mustard, salt and pepper over the vegetables and cook, stirring, for 1 minute more. Add broth and milk; bring to a gentle boil, stirring constantly.
2. Stir in broccoli and potatoes and bring just to a simmer. Simmer, uncovered, stirring occasionally, until the potatoes are tender, 12 to 15 minutes.
3. Add chicken and 1 cup Cheddar and cook, stirring frequently, until cooked through, 4 to 6 minutes. Serve topped with a little more Cheddar and red onion, if desired.

### Tips

To make ahead: Cover and refrigerate for up to 3 days, slowly reheat over medium-low or microwave on medium power.

As a participant in Shelby County Government's health insurance plan, it is a requirement that retirees and their dependent(s) obtain Medicare Part A & Part B approximately 3 months prior to turning 65. It is a requirement, if eligible, that any retiree or dependent who is currently disabled, or becomes disabled, must also apply for Medicare Part A & Part B. Please contact your local Social Security Office for further information regarding Medicare.

### Health Care Provider Contact Information

HUMANA (Post-65 Retirees)

1-866-396-8810 – HUMANA Member Services

1-855-202-9799 – [HUMANA RetireeFirst Advocacy Team](#)

Cigna Medical (Pre-65 Retirees & Active Employees)

1-800-558-7453

Cigna Dental

1-800-244-6224

MetLife Vision

1-833-393-5433

Metropolitan Life Insurance Co. (MetLife)

1-800-638-6420

Social Security/Medicare

1-800-772-1213

*Please Keep These Numbers in a Convenient Place*



JOHN ACUFF	CORRECTIONS	01/18/2024
CHARLIE BILLINGS	SUPPORT SERVICES	01/12/2024
OSCAR CAMPBELL	SHERIFF'S OFFICE	01/25/2024
JIMMIE DAY	ASSESSOR'S OFFICE	01/12/2024
WILLIAM DOHOGNE	ASSESSOR'S OFFICE	12/13/2023
JANE ENGLEBERG	C.S.A.	01/18/2024
GLORIA GRAY	CORRECTIONS	12/19/2023
RUBY KISSINGER	SHERIFF'S OFFICE	01/11/2024
MICHAEL LEWIS	HUMAN RESOURCES	12/23/2023
CHARLOTTE MAUGANS	REGIONAL ONE	01/10/2024
PATRICK McCOOL	CODES ENFORCEMENT	12/15/2023
DIANNE MERCHANT	COUNTY CLERK	01/18/2024
MARTHA PATTERSON	JUVENILE COURT	01/09/2024
BARBARA RUDD	HEAD START	01/18/2024
MAVIS SMITH	SHERIFF'S OFFICE	01/03/2024
GLORIA SPENCER	REGIONAL ONE	12/29/2024
LAVATOR THOMPSON	CORRECTIONS	12/12/2024
COREY WARE	ASSESSOR'S OFFICE	12/15/2023