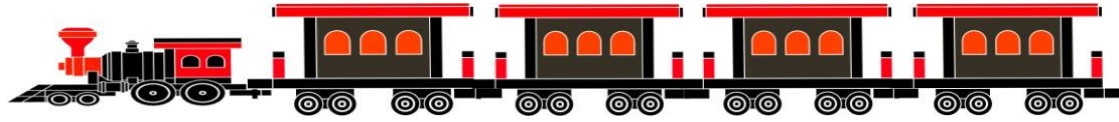




## SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



### SHELBY COUNTY RETIREMENT SYSTEM

160 N. Main 7<sup>th</sup> Floor • Memphis, TN 38103

Phone: 901-222-1950 • Fax: 901-222-1960

Email: [retirement.office@shelbycountyttn.gov](mailto:retirement.office@shelbycountyttn.gov)



## FEBRUARY 2024



### UPCOMING SHELBY COUNTY GOVERNMENT HOLIDAYS

*Offices will be closed*

**Friday, March 29, 2024  
GOOD FRIDAY**

### RETIREMENT BOARD MEETING

Tuesday, March 12, 2024

10:00 A.M., 160 N. Main, Memphis, TN 38103  
Richards Conference Room - 5<sup>th</sup> Floor



### SCORE NEWS

Shelby County Organization of  
Retired Employees

#### **SCORE Announcement**

**Hot Springs Trip April 2024**

See Web Member Services for Details

Scan the QR code below  
to join the SCORE Facebook page



<u>NAME</u>	<u>DEPARTMENT</u>	<u>Y.O.S.</u>
ARDELL ANDREWS	CORRECTIONS	29.95
PEDRO AMARO	SHERIFF'S OFFICE	17.18
TRINA BRADLEY	SHERIFF'S OFFICE	25.33
JAMES DOBBINS	SHERIFF'S OFFICE	29.51
DARREN FEATHERS	SHERIFF'S OFFICE	35.04
BERNICE HANKINS	SHERIFF'S OFFICE	24.88
JAMES HILL, JR	SHERIFF'S OFFICE	7.66
DEVONNE KNOWLES	SHERIFF'S OFFICE	27.83
BERLINDA LANE	SHERIFF'S OFFICE	17.29
GLORIA MORRIS	SHERIFF'S OFFICE	42.45
VERA PATTON	GENERAL SESSIONS	24.95
ANDREA RICHARDSON	CRIMINAL COURT	35.29
CATHY SILVERSTEIN	PUBLIC DEFENDER	36.86
PAMELA STRONG	SHERIFF'S OFFICE	32.42
CHERYL WRIGHT	COMMUNITY SVS	23.24

The Retirement Office must be notified in writing of all address, telephone number, and direct deposit changes by mail at **Shelby County Government, 160 North Main Street 7th Floor, Memphis, TN 38103** or by email at [retirement.office@shelbycountyttn.gov](mailto:retirement.office@shelbycountyttn.gov)

NAME \_\_\_\_\_

NEW ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_ ZIP \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_

As a participant in Shelby County Government's health insurance plan, it is a requirement that retirees and their dependent(s) obtain Medicare Part A & Part B approximately 3 months prior to turning 65. It is a requirement, if eligible, that any retiree or dependent who is currently disabled, or becomes disabled, must also apply for Medicare Part A & Part B. Please contact your local Social Security Office for further information regarding Medicare.

### Health Care Provider Contact Information

**HUMANA** (Post-65 Retirees)

1-866-396-8810 – HUMANA Member Services

1-855-202-9799 – HUMANA RetireeFirst Advocacy Team

**Cigna Medical** (Pre-65 Retirees & Active Employees)

1-800-558-7453

**Cigna Dental**

1-800-244-6224

**MetLife Vision**

1-833-393-5433

**Metropolitan Life Insurance Co. (MetLife)**

1-800-638-6420

**Social Security/Medicare**

1-800-772-1213

*Please Keep These Numbers in a Convenient Place*

### RETIREMENT PAYROLL 2024

**March 28, 2024**

Please review your deposit advice on Web member Services and report any discrepancies regarding your insurance deductions. You may also contact your financial institution regarding your deposit.

Discrepancies must be reported within 60 days of each pay date in order to receive a credit for any incorrect changes.



*Happy Birthday to all Retirees  
for the Month of February 2024*



The Memphis Museum of Science & History is now accepting volunteer applications for the Pink Palace Museum, Lichterman Nature Center, and the Mallory-Neely House. For information on volunteering, please contact Janie Best Paraham, Manager of Volunteer Services at [Janie.paraham@memphistn.gov](mailto:Janie.paraham@memphistn.gov), 901-636-2438, or visit our volunteer page at [//moshmemphis.com/volunteers/](http://moshmemphis.com/volunteers/)



BOBBIE AUSTON	HEALTH DEPT.	02/15/2024
BRENDA BRADY	ASSESSOR OFFICE	02/03/2024
LINDA BUSBY	HEALTH DEPT	01/26/2024
MARY COLE	OAKVILLE	01/12/2024
GENEVA DORRIS	HEALTH DEPT	02/11/2024
JEFFREY HAMPTON	CORRECTIONS	01/28/2024
GORDON JONES	COMMUNITY SVS	02/10/2024
DEREK KELLEY	TRUSTEE'S OFFICE	02/12/2024
NORMAN LACHAPPELLE	HEALTH DEPT	12/02/2023
GILBERT LEWTER	CORRECTIONS	01/26/2024
RONNIE SANDEFER	CODE ENFORCEMENT	02/14/2024
VIOLA THORNTON	REGIONAL ONE	01/24/2024
KATHLEEN WHITTY	PUBLIC DEFENDER	02/01/2024

**POST 65 RETIREES  
ENROLLED IN HUMANA**  
Please view flyer on Web Member Services  
regarding RetireeFirst

## Healthy Recipe

Healthy, delicious recipes, including quick dinner, easy lunch ideas, snacks, breakfast, soup and more, from the food and nutrition experts at: [www.eatingwell.com](http://www.eatingwell.com)



### Classic Fudge-Walnut Brownies

#### Ingredients

- ¾ cup all-purpose flour
- 1 cup granulated sugar
- ¾ cup unsweetened cocoa powder
- ½ cup packed brown sugar
- ½ teaspoon baking powder
- ¼ teaspoon salt
- 1 cup bittersweet chocolate chunks, divided
- ½ cup fat-free milk
- 6 tablespoons butter, melted
- 1 teaspoon vanilla extract
- 2 large eggs, lightly beaten
- ½ cup chopped walnuts, divided
- Cooking spray

#### Directions

1. Preheat oven to 350°F.
2. Combine flour, sugar, cocoa powder, brown sugar, baking powder and salt in a large bowl. Combine 1/2 cup chocolate and milk in a microwave-safe bowl; microwave at HIGH 1 minute, stirring after 30 seconds. Stir in butter, vanilla and eggs. Add milk mixture, 1/2 cup chocolate and 1/4 cup nuts to flour mixture; stir to combine.
3. Pour the batter into a 9-inch square metal baking pan coated with cooking spray; sprinkle with remaining 1/4 cup nuts. Bake at 350°F for 19 minutes or until a wooden pick inserted in center comes out with moist crumbs clinging. Cool in the pan on a rack. Cut into squares.