



SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



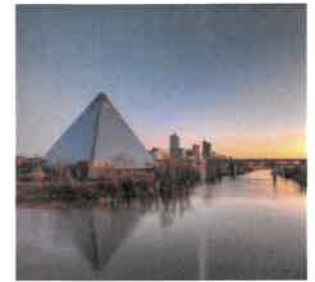
SHELBY COUNTY RETIREMENT SYSTEM

160 N. Main 7th Floor • Memphis, TN 38103

Phone: 901-222-1950 • Fax: 901-222-1960

Email: retirement.office@shelbycountyttn.gov

AUGUST 2023



Healthy Recipe

Healthy, delicious recipes, including quick dinner, easy lunch ideas, snacks, breakfast, soup and more, from the food and nutrition experts at: www.eatingwell.com



Muffin-Tin Omelets with Broccoli, Ham & Cheddar

Ingredients

- 8 large eggs
- ½ cup reduced-fat milk
- ¼ teaspoon salt
- ¼ teaspoon ground pepper
- ¾ cup chopped ham
- ¾ cup chopped broccoli
- 6 tablespoons shredded Cheddar cheese
- ¼ cup chopped fresh chives

Directions

1. Preheat oven to 325 degrees F.
2. Whisk eggs, milk, salt and pepper in a large bowl.
3. Liberally coat a 12-cup muffin pan with cooking spray (or use silicone muffin cups). Divide ham, broccoli, cheddar and chives among the muffin cups. Top with the egg mixture. Bake until set and lightly brown, 20 to 25 minutes. Let stand for 5 minutes before removing from the pan.

Tips

To make ahead: Cool completely and refrigerate in an airtight container for up to 3 days or freeze for up to 1 month. To reheat, wrap in a paper towel and microwave on High for 30 to 60 seconds.



<u>NAME</u>	<u>DEPARTMENT</u>	<u>Y.O.S.</u>
WANDA BARLOW	SUPPORT SERVICES	11.41
CAROL BOYD	HEALTH DEPT.	38.45
LINDA LEE	SHERIFF'S OFFICE	19.62
JOLE LOVELACE	ASSESSORS OFFICE	27.04
DORIS MELTON	CORRECTIONS	16.90
CEDRIC MORRIS	SHERIFF'S OFFICE	25.41
GERALDINE POLK	SHERIFF'S OFFICE	25.50
CLAUDE ROBINSON	SHERIFF'S OFFICE	42.76
JIMMIE SANDERS JR	INFORMATION TECH	21.37
RICHARD SNODGRASS	JUVENILE COURT	35.37
DARRYL THOMAS	CORRECTIONS	29.09
FRANCES THOMAS	SHERIFF'S OFFICE	26.37

UPCOMING SHELBY COUNTY GOVERNMENT HOLIDAYS

Offices will be closed

**Monday, September 4, 2023
LABOR DAY**



IMPORTANT

NOTICE

.....PLEASE READ

Shelby County Retirees:

Shelby County Government is initiating two-factor authentication to protect your benefit portal account, and now is the time to sign up. It's simple and easy, and it will help keep your insurance benefits information secure and confidential.

Your new portal account lets you securely:

- Easily and quickly self-enroll during Open Enrollment (November 2023).
- Access and review all your benefit information in one place.

To create your account at www.ShelbyCountyBenefits.com, just follow the instructions on flyer below.

Please create your account now, so that you will easily be able to complete Open Enrollment this November for your 2024 benefits.



OPEN ENROLLMENT FOR 2024

November 1 – November 15, 2023

INFORMATION COMING SOON

RETIREMENT BOARD MEETING

Tuesday, September 12, 2023
10:00 A.M., 160 N. Main, Memphis, TN 38103
Richards Conference Room - 5th Floor



TO ALL RETIREES
for the Month of August 2023

RETIREMENT PAYROLL 2023
September 29, 2023

Please review your deposit advice on Web member Services and report any discrepancies regarding your insurance deductions.

Discrepancies must be reported within 60 days of each pay date in order to receive a credit for any incorrect changes.



The Memphis Museum of Science & History is now accepting volunteer applications for the Pink Palace Museum, Lichterman Nature Center, and the Mallory-Neely House. For information on volunteering, please contact Janie Best Paraham, Manager of Volunteer Services at Janie.paraham@memphistn.gov, 901-636-2438, or visit our volunteer page at [//moshmemphis.com/volunteers/](http://moshmemphis.com/volunteers/)

SCORE NEWS

Shelby County Organization of
Retired Employees

The next **SCORE Board** meeting will be held on **Monday, October 2, 2023** at 10:00 A.M., and the **SCORE** meeting will be held the **same day**, at 11:00 A.M., at the Board of Education Building, 160 S. Hollywood, Barnes Auditorium. All retirees are welcome.

Scan the QR code below
to join the SCORE Facebook page



TIJUANA BARNETT	ELECTION COMM	08/13/2023
RALPH BURROW	LANDFILL	08/07/2023
EVELYN CLAIBORNE	CREDIT UNION	07/31/2023
CURT EVANS	HEAD START	08/08/2023
TOMMY HAYES	CORRECTIONS	07/29/2023
DONNA HODGES	ENGINEERING	08/11/2023
OZA LEWIS	ROAD DEPT	08/02/2023
BERTHA PARHAM	HEAD START	07/18/2023
MARY RECORD	HEALTH DEPT	08/02/2023
EUGENE WHITMORE	SHERIFF'S OFFICE	08/09/2023

As a participant in Shelby County Government's health insurance plan, it is a requirement that retirees and their dependent(s) obtain Medicare Part A & Part B approximately 3 months prior to turning 65. It is a requirement, if eligible, that any retiree or dependent who is currently disabled, or becomes disabled, must also apply for Medicare Part A & Part B. Please contact your local Social Security Office for further information regarding Medicare.

Health Care Provider Contact Information

Aetna (Post-65 Retirees)
1-877-281-0529
Cigna Medical (Pre-65 Retirees & Active Employees)
1-800-558-7453
Cigna Dental
1-800-244-6224
Davis Vision by MetLife (effective 1/2023)
1-833-393-5433
Metropolitan Life Insurance Co. (MetLife)
1-800-638-6420
Social Security/Medicare
1-800-772-1213

Please Keep These Numbers in a Convenient Place

The Retirement Office must be notified in writing of all address, telephone number, and direct deposit changes by mail at **Shelby County Government, 160 North Main Street 7th Floor, Memphis, TN 38103** or by email at retirement.office@shelbycountyttn.gov

NAME _____

NEW ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE: _____

EMAIL ADDRESS: _____

SIGNATURE: _____

HOW TO CREATE YOUR NEW BENEFITS PORTAL ACCOUNT



STEP 1

Shelby County Government is implementing two-factor authentication to better protect your benefit portal account.

To create a new account, go to www.shelbycountybenefits.com and click the “**Create Account**” link.



STEP 2

For security purposes, you will be required to enter your personal information, which will be used to:

- Verify your record in our database
- Ensure you are who you say you are for security purposes

At the bottom of the **Enter Your Personal Information** page, you will see a ‘Captcha.’ A Captcha is a type of challenge-response test to determine if a user is human. After entering your personal information, click the **Next** button to move to the next step.

Note: Your employee information for logging in must be the same as shown in the payroll system (e.g., if your name has a suffix such as ‘Sr’, ‘Jr’, ‘II’, etc, you must include it after your last name). If there is a problem with your name or other information, please contact the Shelby County Retirement Office at 1-901-222-1950.

STEP 3

Select and/or enter an email address of your choice as it will be your username. You are highly encouraged to select a personal email address when creating your username in the event that you retire from the County, and your work email address is disabled. You will be required to create a password, which must be at least eight characters long and satisfy three of the following four conditions:

- Have at least one uppercase character
- Have at least one lowercase character
- Have at least one special character
- Have at least one numeric character

After entering your email address and password, click the **Next** button to move to the next step.

STEP 4

Your recovery phone number and email address will pre-populate based on the information on file. You will be able to edit the information and verify it. After verifying the first recovery option, the **Next** button will become active. Click **Next** to log into the system.

FOR MORE INFORMATION

If you have questions, please call the Shelby County Benefits Center at **1-877-970-4320**, Monday through Friday, from 7:30 a.m. to 7:00 p.m. CST.