



SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



SHELBY COUNTY RETIREMENT SYSTEM

160 N. Main 7th Floor • Memphis, TN 38103

Phone: 901-222-1950 • Fax: 901-222-1960

Email: retirement.office@shelbycountyttn.gov



JUNE 2023



UPCOMING SHELBY COUNTY GOVERNMENT HOLIDAYS

Offices will be closed

Tuesday, July 4, 2023
Independence Day

RETIREMENT PAYROLL 2023 July 31, 2023

Please review your deposit advice on Web member Services and report any discrepancies regarding your insurance deductions.

Discrepancies must be reported within 60 days of each pay date in order to receive a credit for any incorrect changes.



RETIREMENT BOARD MEETING

Tuesday, July 11, 2023

10:00 A.M., 160 N. Main, Memphis, TN 38103
Richards Conference Room - 5th Floor

Healthy Recipe

Healthy, delicious recipes, including quick dinner, easy lunch ideas, snacks, breakfast, soup and more, from the food and nutrition experts at: www.eatingwell.com



Banana-Mango Smoothie

Start your day with a flavorful fruit smoothie. This smoothie is as delicious as breakfast, but also serves well as an afternoon snack or even a frosty dessert.

Directions

Arrange the mango cubes in a single layer on a baking sheet; freeze until firm (about 1 hour). Place frozen mango, banana, milk, dry milk (if using), honey and vanilla extract in a blender. Process until smooth.

Tip

Freeze the cubed mango overnight in an airtight container to make this smoothie a snap to throw together (for variety, try substituting frozen berries for the mango). Remember to let frozen mango thaw for 15 minutes to soften slightly. The dry milk is optional, but one tablespoon provides about 100 milligrams of calcium.

<u>NAME</u>	<u>DEPARTMENT</u>	<u>Y.O.S.</u>
REGINALD ALLEN	SHERIFF'S OFFICE	17.49
KAY ATKINS	SHERIFF'S OFFICE	25.03
TRESSIE BENSON-SMITH	HEALTH DEPT	25.45
WENDIE BLANTON	TRUSTEE'S OFFICE	19.16
SEDRICK CLINE	SHERIFF'S OFFICE	27.87
KENNETH COLE	HEALTH DEPT	25.12
WILLIAM CUNNINGHAM, JR	ROADS & BRIDGES	15.83
PAMELA DAVIS	CORRECTIONS	19.20
ROBERT DUNSEATH	TRUSTEE'S OFFICE	12.32
PIERRE FINNIE	SHERIFF'S OFFICE	12.74
PAMELA FORD	SHERIFF'S OFFICE	34.65
DENNIS HARDIN	SHERIFF'S OFFICE	18.82
MC HOWELL, JR	SHERIFF'S OFFICE	22.51
PAMELA HYMON	SHERIFF'S OFFICE	26.08
ANTHONY JONES	SHERIFF'S OFFICE	24.49
MICHAEL LEECH	SHERIFF'S OFFICE	11.74
VANESSA MACON	SHERIFF'S OFFICE	21.91
NORMA MCCracken	GENERAL SESSIONS	25.74
MICHAEL MUHAMMAD	SHERIFF'S OFFICE	33.32
BARBARA WALLS PIERCE	PUBLIC DEFENDER'S OFFICE	43.87
KENNETH ROBERSON	SHERIFF'S OFFICE	34.04
RIESEL SANDRIDGE	CRIMINAL COURT	30.87
SERETA STANLEY	SHERIFF'S OFFICE	32.45
THERESA VESTER	SHERIFF'S OFFICE	33.62



TO ALL RETIREES
for the Month of June 2023



MoSH | Museum of Science & History
3050 Central Ave, Memphis, TN
38111 | memphismuseums.org

The Memphis Museum of Science & History is now accepting volunteer applications for the Pink Palace Museum, Lichterman Nature Center, and the Mallory-Neely House. For information on volunteering, please contact Janie Best Paraham, Manager of Volunteer Services at Janie.paraham@memphistn.gov, 901-636-2438, or visit our volunteer page at [//moshmemphis.com/volunteers/](http://moshmemphis.com/volunteers/)

SCORE NEWS

Shelby County Organization of
Retired Employees

The next **SCORE Board** meeting will be held on **Monday, July 10, 2023** at 10:00 A.M., and the **SCORE** meeting will be held the **same day**, at 11:00 A.M., at the Board of Education Building, 160 S. Hollywood, Barnes Auditorium. All retirees are welcome.

Scan the QR code below
to join the **SCORE Facebook page**



LEO BARBER	ROAD DEPT	06/15/2023
NELLIE CAMPBELL	HEALTH DEPT	05/11/2023
LINDA CRAIG	HEALTH DEPT	05/28/2023
SARAH HAMILTON	SHERIFF'S OFFICE	06/14/2023
JAMES HARRIS	CORRECTIONS	06/02/2023
MARY HENDERSON	HEALTH DEPT	06/04/2023
VIVIAN HICKS	HEAD START	06/13/2023
WILLIAM OLDEN	JUVENILE COURT	05/26/2023
DOROTHY RUSH	OAKVILLE	06/02/2023
BETTY SANDERS	SHERIFF'S OFFICE	06/07/2023
ROBERT STACEY	BOARD OF ADJSTMT	05/27/2023
VIRGINIA TRENHAM	ASSESSOR'S OFFICE	06/17/2023
CARL YOUNGER	HEALTH DEPT	06/05/2023

As a participant in Shelby County Government's health insurance plan, it is a requirement that retirees and their dependent(s) obtain Medicare Part A & Part B approximately 3 months prior to turning 65. It is a requirement, if eligible, that any retiree or dependent who is currently disabled, or becomes disabled, must also apply for Medicare Part A & Part B. Please contact your local Social Security Office for further information regarding Medicare.

Health Care Provider Contact Information

Aetna (Post-65 Retirees)
1-877-281-0529
Cigna Medical (Pre-65 Retirees & Active Employees)
1-800-558-7453
Cigna Dental
1-800-244-6224
Davis Vision by MetLife (effective 1/2023)
1-833-393-5433
Metropolitan Life Insurance Co. (MetLife)
1-800-638-6420
Social Security/Medicare
1-800-772-1213

Please Keep These Numbers in a Convenient Place

The Retirement Office must be notified in writing of all address, telephone number, and direct deposit changes by mail at **Shelby County Government, 160 North Main Street 7th Floor, Memphis, TN 38103** or by email at retirement.office@shelbycountyttn.gov

NAME _____

NEW ADDRESS _____

CITY _____ STATE ____ ZIP _____

PHONE: _____

EMAIL ADDRESS: _____

SIGNATURE: _____