



SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



SHELBY COUNTY RETIREMENT SYSTEM

160 N. Main 7th Floor • Memphis, TN 38103

Phone: 901-222-1950 • Fax: 901-222-1960

Email: retirement.office@shelbycountyttn.gov



APRIL 2023



RETIREMENT BOARD MEETING

Tuesday, May 9, 2023

10:00 A.M., 160 N. Main, Memphis, TN 38103

Richards Conference Room - 5th Floor

UPCOMING SHELBY COUNTY GOVERNMENT HOLIDAYS

Offices will be closed

Monday, May 29, 2023

Memorial Day

RETIREMENT PAYROLL 2023

May 31, 2023

Please review your deposit advice on Web member Services and report any discrepancies regarding your insurance deductions.

Discrepancies must be reported within 60 days of each pay date in order to receive a credit for any incorrect changes.

<u>NAME</u>	<u>DEPARTMENT</u>	<u>Y.O.S.</u>
TWANA DORTCH	SHERIFF'S OFFICE	17.33
DEAN FITZGERALD	SHERIFF'S OFFICE	25.20
JACQUELINE GLOVER	SHERIFF'S OFFICE	34.37
TRACY HARDY	SHERIFF'S OFFICE	26.41
ROBERT HARPER, JR	SHERIFF'S OFFICE	25.41
TERESA HARRIS	SHERIFF'S OFFICE	32.45
GENO HURD	SHERIFF'S OFFICE	20.41
JOYCE JONES	SHERIFF'S OFFICE	35.49
SHARI MORROW	CORRECTIONS	23.11
HARRY MOSS	ROADS & BRIDGES	7.61
MORRIE NOEL	JUVENILE COURT	44.00
JASON PAGENKOPF	SHERIFF'S OFFICE	29.20
MARY SEIBER	SUPPORT SERVICES	22.12
ROBERT STEWART	HEALTH DEPT	8.02
JOHNNY YANCEY	CORRECTIONS	9.20

SCORE NEWS

Shelby County Organization of
Retired Employees

The next **SCORE Board** meeting will be held on **Monday, July 10, 2023** at 10:00 A.M., and the **SCORE** meeting will be held the **same day**, at 11:00 A.M., at the Board of Education Building, 160 S. Hollywood, Barnes Auditorium. All retirees are welcome.

Scan the QR code below
to join the SCORE Facebook page



VERN HAMM	HEALTH DEPT.	03/18/2023
JULIA KAPLAN	REGIONAL ONE	04/01/2023
BEDFORD KAY	ENGINEERING	04/13/2023
WILLIAM SANDERS	ROAD DEPT.	03/22/2023
MARY SHINE	REGIONAL ONE	03/26/2023
GEORGE STAUFFER	SHERIFF'S DEPT.	04/06/2023
JIMMY THOMASON	ASSESSOR'S OFFICE	04/12/2023
CAROL WALTON	OAKVILLE	04/03/2023
TRENT WOODS	SHERIFF'S DEPT.	03/10/2023

Healthy Recipe

Healthy, delicious recipes, including quick dinner, easy lunch ideas, snacks, breakfast, soup and more, from the food and nutrition experts at: www.eatingwell.com



Creamy Lemon-Basil Chicken

Ingredients

- 1 pound chicken cutlets (4 cutlets)
- ½ teaspoon salt
- ½ teaspoon ground pepper
- 2 tablespoons unsalted butter, divided
- 2 teaspoons minced garlic
- 1 ¼ cups unsalted chicken broth
- 3 ounces reduced-fat cream cheese, cut into pieces
- 1 small lemon, thinly sliced and seeds removed
- 2 tablespoons chopped fresh basil, plus more for garnish

Directions

1. Sprinkle chicken evenly with salt and pepper. Heat 1 tablespoon butter in a large nonstick skillet over medium heat until bubbling. Add the chicken; cook until browned and cooked through, about 3 minutes per side. Transfer the chicken to a plate and cover to keep warm.
2. Return the pan to medium heat. Add the remaining 1 tablespoon butter and swirl to coat. Add garlic; cook, stirring constantly, until fragrant, about 1 minute. Add broth and bring to a boil over medium-high heat. Add cream cheese; cook, stirring constantly, until melted and thickened, about 5 minutes. Stir in lemon slices and basil. Return the chicken and any accumulated juices to the pan; simmer over medium heat until the sauce thickens and coats the chicken, about 4 minutes.



MoSH

Museum of Science & History
3050 Central Ave, Memphis, TN
38111 | memphismuseums.org

The Memphis Museum of Science & History is now accepting volunteer applications for the Pink Palace Museum, Lichterman Nature Center, and the Mallory-Neely House. For information on volunteering, please contact Janie Best Paraham, Manager of Volunteer Services at Janie.paraham@memphistn.gov, 901-636-2438, or visit our volunteer page at [//moshmemphis.com/volunteers/](http://moshmemphis.com/volunteers/)



**Happy Birthday
to all Retirees
for the Month of April 2023**

As a participant in Shelby County Government's health insurance plan, it is a requirement that retirees and their dependent(s) obtain Medicare Part A & Part B approximately 3 months prior to turning 65. It is a requirement, if eligible, that any retiree or dependent who is currently disabled, or becomes disabled, must also apply for Medicare Part A & Part B. Please contact your local Social Security Office for further information regarding Medicare.

Health Care Provider Contact Information

Aetna (Post-65 Retirees)

1-877-281-0529

Cigna Medical (Pre-65 Retirees & Active Employees)

1-800-558-7453

Cigna Dental

1-800-244-6224

Davis Vision by MetLife (*effective 1/2023*)

1-833-393-5433

Metropolitan Life Insurance Co. (MetLife)

1-800-638-6420

Social Security/Medicare

1-800-772-1213

Please Keep These Numbers in a Convenient Place

The Retirement Office must be notified in writing of all address, telephone number, and direct deposit changes by mail at **Shelby County Government, 160 North Main Street 7th Floor, Memphis, TN 38103** or by email at retirement.office@shelbycountyttn.gov

NAME _____

NEW ADDRESS _____

CITY _____ STATE ____ ZIP _____

PHONE: _____

EMAIL ADDRESS: _____

SIGNATURE: _____