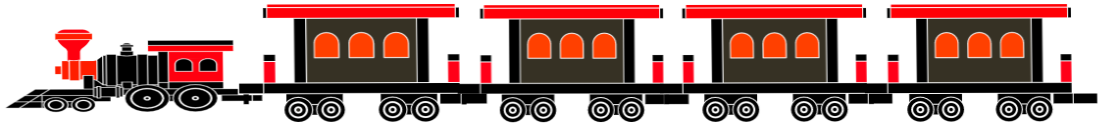




SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



A monthly newsletter brought to you by the Shelby County Government Retirement Office Volume 2, Issue 8 August 2022

Retirees 65 & Over with Medicare Part A & B

Medicare beneficiaries can obtain up to eight Covid-19 tests per calendar month from participating pharmacies and health care providers for the duration of the COVID-19 public health emergency.

Medicare Members should show their red, white, and blue Medicare card at a participating pharmacy or provider, not their Aetna Medicare Advantage card. Pharmacies and healthcare providers will bill Medicare directly to allow Medicare beneficiaries to receive tests at no cost to them.

To view the Government Press Release, please see go to the internet and type in the link below.

<https://www.cms.gov/newsroom/press-releases/biden-harris-administration-announces-new-way-medicare-beneficiaries-get-free-over-counter-covid-19>

Health Insurance Spotlight

**OPEN ENROLLMENT IS
COMING NOVEMBER 2022**



SPOUSAL CARVE OUT

If an employee's spouse is eligible for health coverage under his/her employer sponsored plan, the spouse is NOT eligible for coverage under the County's medical plan. Annually, retirees will attest to whether their spouse is eligible for health coverage when enrolling in benefits.

In order for a retiree to cover his/her dependents through Shelby County Government's health insurance plan, the retiree must be covered under the plan. Shelby County Government offers health coverage to eligible retirees and their dependents, not to dependents only. This does not affect spousal benefits for retirees who currently have health coverage.

MEDICARE INFORMATION

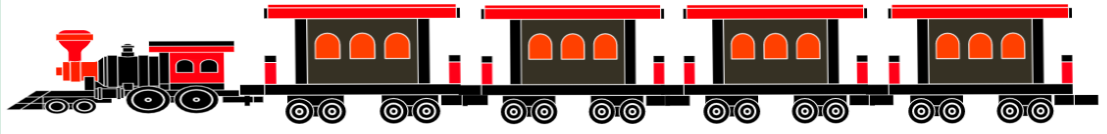
As a participant in Shelby County Government's health insurance plan, it is a requirement that retirees and their dependent(s) obtain Medicare Part A & Part B approximately 3 months prior to turning 65. It is a requirement, if eligible, that any retiree or dependent who is currently disabled, or becomes disabled, must also apply for Medicare Part A & B.

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Healthy Recipe

Healthy, delicious recipes, including quick dinner, easy lunch ideas, snacks, breakfast, soup and more, from the food and nutrition experts at: www.eatingwell.com



Ingredients

2 tablespoons olive oil
1 cup fresh or frozen corn kernels
½ cup diced green bell pepper
½ cup diced red bell pepper
½ cup diced onion
1 5-ounce package baby spinach
2 ½ cups shredded cooked chicken breast
1 8-ounce pouch red or green enchilada sauce, such as Frontera
1 ¼ cups prepared fresh salsa
8 5- or 6-inch corn tortillas, cut into 1-inch-thick strips
1 ½ cups shredded reduced-fat Cheddar cheese
1 cup coarsely chopped grape tomatoes ¼ cup chopped fresh cilantro
¼ cup matchstick-cut radishes

Directions Instructions

Checklist Step 1

Preheat oven to 350°F.

Step 2

Heat oil in a large ovenproof skillet, such as cast-iron. Add corn, green and red peppers, and onion; cook, stirring occasionally, until charred, 7 to 10 minutes. Gradually add spinach in batches; cook, stirring frequently, until wilted, 1 to 2 minutes.

Step 3

Stir in chicken, enchilada sauce, and salsa until combined. Gently stir in tortilla strips. Sprinkle with cheese. Transfer to the oven and bake until bubbly, about 15 minutes.

Step 4

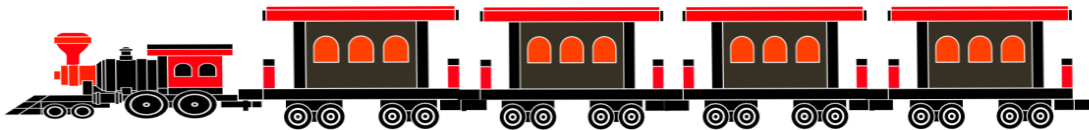
Top the casserole with tomatoes, cilantro, and radishes.

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NAME	DEPARTMENT	YOS
MARILYN CALHOUN	SHERIFF'S OFFICE/LTD	26.00
ALLENE DAWSON	ATTORNEY GENERAL	20.73
PAULA HUMPHREY	HEALTH DEPARTMENT	7.53
CONSTANCE RANDLE	SHERIFF'S OFFICE	25.37
LORETTA SKINNER	HEALTH DEPARTMENT	42.74
BONITA SLAUGHTER	SHERIFF'S OFFICE/LTD	20.26
CLARENCE TURKS, JR.	SHERIFF'S OFFICE	33.57
JEWEL WADE	HEALTH DEPARTMENT	34.24
GARY WILLIAMS	SHERIFF'S	25.62



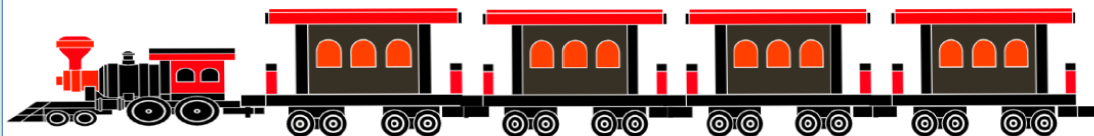
ARTHUR GREGORY	HEALTH DEPARTMENT	06/04/2022
JOHN FOWLER	HEALTH DEPARTMENT	07/19/2022
MYRA TILLIS	HEALTH DEPARTMENT	07/19/2022
ESSIE SMITH	SC HEALTH CARE CTR	07/29/2022
JULIE MALADY	SHERIFF'S OFFICE	07/31/2022
HATTIE GLASS	SUPPORT SERVICES	07/19/2022
BOBBY MORGAN	SHERIFF'S OFFICE	07/22/2022
FREDA MARTIN	REGIONAL ONE	08/08/2022
ERIC WATERS	CORRECTIONS	08/06/2022
ULYSSESS JOHNSON JR.	CORRECTIONS	07/27/2022
CHARLES WELLS	CODE ENFORCEMENT	08/12/2022
JERRY BEACH	ENGINEERING	08/04/2022
Marsha crizer	HEALTH DEPARTMENT	08/05/2022

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CREATIVEAGING
Enriching Lives Through the Arts

Press Release

Creative Aging Presents the Senior Arts Series
Wednesday, September 14th 1:30pm
Theatre Memphis- 630 Perkins Extd.

Creative Aging welcomes Germantown Community Theatre to the Senior Arts Series at Theatre Memphis on Wednesday, September 14th at 1:30pm. This performance will include a selection of songs from *Smoke on the Mountain*, a musical that tells the hilarious and heartwarming story of a Saturday Night Gospel Sing at a country church in North Carolina's Smoky Mountains in 1938. The story focuses on the particular night when the Sanders' Family joins the Sing after a five-year hiatus. Enjoy a selection of rousing and fun bluegrass songs from the show, played and sung by select cast members.

Tickets: \$5

Purchase tickets here:

[SeniorArtsSeriesSmokeontheMountain.eventbrite.com](https://www.eventbrite.com/e/senior-arts-series-smoke-on-the-mountain-tickets-29444444444)

Please call (901)272-3434 to inquire request accessible seating.



Health Care Provider Contact Information Aetna (Post 65 Retirees)

1-877-281-0529

Cigna Medical

(Pre 65 Retirees and Active Employees)

1-800-558-7453

Cigna Dental

1-800-244-6224

Davis Vision

1-800-783-6872

Metropolitan life Insurance Co.(Metlife)

1-800-638-6420

Social Security Medicare

1-800-772-1213

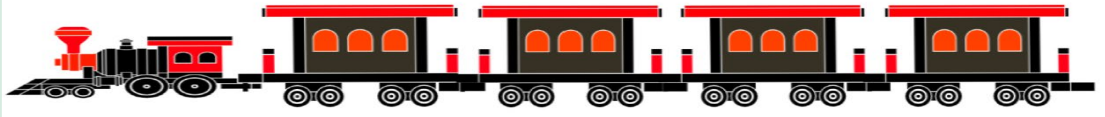
Please Keep These Numbers in a Convenient Place

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THE SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



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2022 Shelby County Government Holidays

September 5, 2022	Labor Day
November 11, 2022	Veterans Day
November 24, 2022	Thanksgiving Day
November 25, 2022	After Thanksgiving
December 23, 2022	Christmas Eve
December 26, 2022	Christmas Day

Payroll Information

It is essential that each retiree review his/her deposit advice and report any discrepancies regarding his/her insurance deductions.

Discrepancies must be reported within 60 days of the pay date in order to receive a credit for any incorrect changes.

Please help us make sure all information has been recorded correctly so that our records will reflect the proper data going forward.

The Retirement Office is close on above days.



2022 RETIREMENT PAYROLL

September 30, 2022

October 31, 2022

November 30, 2022

REMEMBER: Payday is the last business day of the month.

**Happy Birthday to all Retirees For
the Month of September 2022**



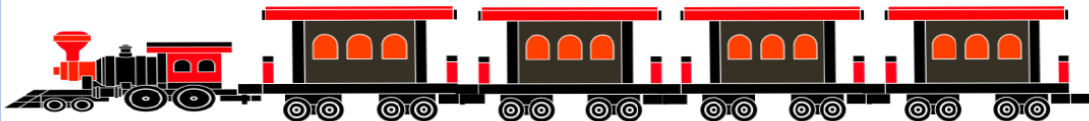
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SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



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<https://memberservices.shelbycountyttn.gov/PGWebMember.exe>

RETIREMENT WEB MEMBER SERVICES

Retirees may continue to utilize the Web Member Services website to view their deposit statement, tax withholding, 1099-R, direct deposit information and payment history.

Please see the below hyperlink to the Web Member Services website:

<https://memberservices.shelbycountyttn.gov/PGWebMember.exe>

For those who aren't currently registered, please create an account in the upper left area of the Web Member Services Home Page

The Retirement Office must be notified in writing of all address and telephone number changes by mail at **Shelby County Government 160 North Main Street 7th Floor Memphis, TN 38103** or by FAX at 901-222-1960.

NAME _____
NEW ADDRESS _____
CITY _____
STATE _____ ZIP _____
PHONE# _____
E-MAIL ADDRESS _____
SIGNATURE _____

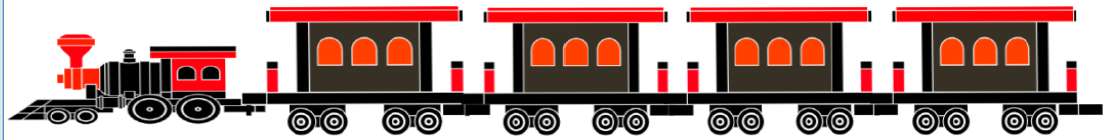


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**SHELBY COUNTY GOVERNMENT
RETIREE
CONNECTION**



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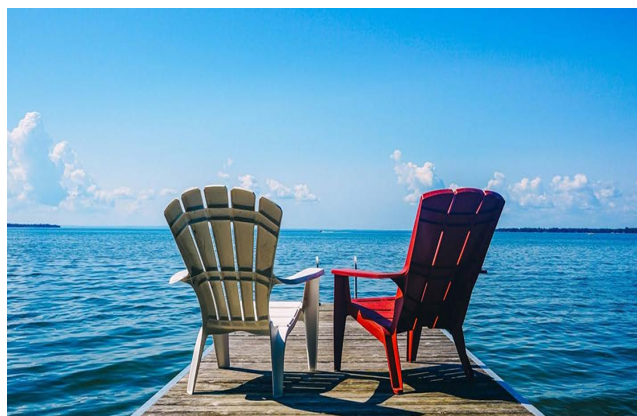


PENSION BOARD MEETING
Tuesday, September 13, 2022, 10:00
A.M. 160 North Main, Memphis,
TN. 38103 5th Floor Conference
Room



Payroll Schedule
Friday, September 30, 2022

Retirees thank you for Your Service to Shelby County Government



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