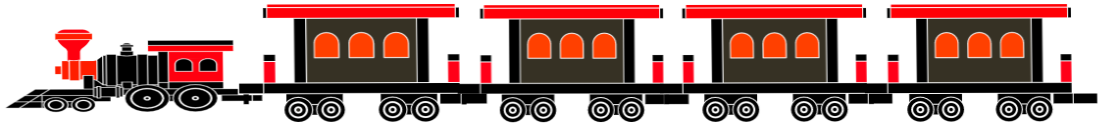




SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



A monthly newsletter brought to you by the Shelby County Government Retirement Office Volume 2, Issue 5 May 2022

Retirees 65 & Over with Medicare Part A & B

Medicare beneficiaries can obtain up to eight Covid-19 tests per calendar month from participating pharmacies and health care providers for the duration of the COVID-19 public health emergency.

Medicare Members should show their red, white, and blue Medicare card at a participating pharmacy or provider, not their Aetna Medicare Advantage card. Pharmacies and healthcare providers will bill Medicare directly to allow Medicare beneficiaries to receive tests at no cost to them.

To view the Government Press Release, please see go to the internet and type in the link below.

<https://www.cms.gov/newsroom/press-releases/biden-harris-administration-announces-new-way-medicare-beneficiaries-get-free-over-counter-covid-19>

MEDICARE INFORMATION

As a participant in Shelby County Government's health insurance plan, it is a requirement that retirees and their dependent(s) obtain Medicare Part A & Part B approximately 3 months prior to turning 65. It is a requirement, if eligible, that any retiree or dependent who is currently disabled, or becomes disabled, must also apply for Medicare Part A & B.

SPOUSAL CARVE OUT

If an employee's spouse is eligible for health coverage under his/her employer sponsored plan, the spouse is NOT eligible for coverage under the County's medical plan. Annually, retirees will attest to whether their spouse is eligible for health coverage when enrolling in benefits.

In order for a retiree to cover his/her dependents through Shelby County Government's health insurance plan, the retiree must be covered under the plan. Shelby County Government offers health coverage to eligible retirees and their dependents, not to dependents only. This does not affect spousal benefits for retirees who currently have health coverage.



Press Release

Creative Aging Presents the Senior Arts Series
Wednesday, June 15, 1:30pm

For Immediate Release For additional information
Mia Henley at 901-272-3434

On Wednesday, June 15, Creative Aging's Senior Arts Series continues at Theatre Memphis (630 Perkins Extended). The 1:30pm performance is a musical revue featuring Gary Beard as music director and pianist and showcasing Theatre Memphis performers from past and present musicals. Advance purchase general admission tickets are on sale thru.

4pm Tuesday, May 3, at

<https://www.creativeagingmidsouth.org/senior-art-series-link>.

Free Parking. Tickets are also available at the door for a minimum donation of \$5 (cash or check). Limited accessible seating is available; to reserve accessible seating call (901) 272-3434. Bring your friends and join us for this wonderful production! All proceeds support Creative Aging—bringing music and the arts to older adults at places they live and gather.

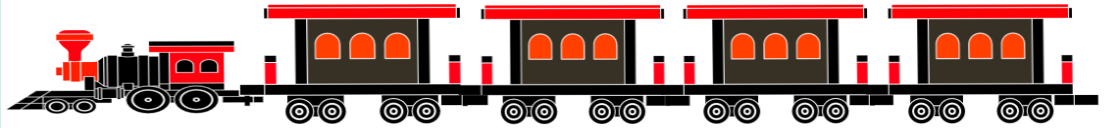


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SHELBY COUNTY GOVERNMENT
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Healthy Recipe

Healthy, delicious recipes, including quick dinner, easy lunch ideas, snacks, breakfast, soup and more, from the food and nutrition experts at: www.eatingwell.com



Ingredients

3 tablespoons extra-virgin olive oil,
divided
6 medium cloves garlic, sliced, divided
1 pound spinach
¼ teaspoon salt plus 1/8 teaspoon,
divided
1 ½ teaspoon lemon zest
1 tablespoon lemon juice
1 pound shrimp (21-30 count), peeled and
deveined
½ teaspoon crushed red pepper
1 tablespoon finely chopped fresh parsley

STEP1

Heat 1 tablespoon oil in a large pot over medium heat. Add half the garlic and cook until beginning to brown, 1 to 2 minutes.

Add spinach and 1/4 teaspoon salt and toss to coat. Cook, stirring once or twice, until mostly wilted, 3 to 5 minutes. Remove from heat and stir in lemon juice. Transfer to a bowl and keep warm.

Increase heat to medium-high and add the remaining 2 tablespoons oil to the pot. Add the remaining garlic and cook until beginning to brown, 1 to 2 minutes.

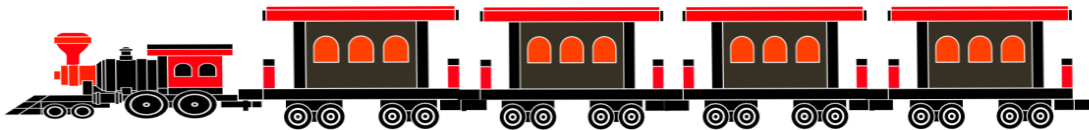
Add shrimp, crushed red pepper and the remaining 1/8 teaspoon salt; cook, stirring, until the shrimp are just cooked through, 3 to 5 minutes more. Serve the shrimp over the spinach, sprinkled with lemon zest and parsley.

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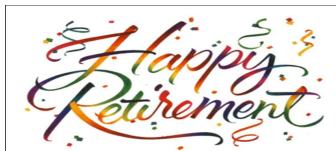
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NAME	DEPARTMENT	Y.O.S
RICHARD AITKEN	SHERIFF'S OFFICE	25.00
BRIAN BROOKS	SHERIFF'S OFFICE	29.37
JAMES CRABB	SHERIFF'S OFFICE	25.00
MAURICE HUNT	SUPPORT SERVICES	20.74
VERNITA HUNTER	REGIONAL ONE	41.16
JANICE JOHNSON	SHERIFF'S OFFICE	32.90
CANDACE MCABEE	CSA	23.49
ADA MCGEE	CSA	34.83
DAVID MCKINNEY	SHERIFF'S OFFICE	25.08
PATRICIA MONTEIL	JUVENILE COURT	26.12
RODDY MOORE	SUPPORT SERVICES	26.16
SANDRA PENIX	SHERIFF'S OFFICE	23.70
TYRANY PERRY	GENERAL SESSIONS	32.53
KATHRYN REDICK	CORRECTIONS	30.24
STEVEN WALLS	FIRE DEPARTMENT	15.53
JAMES WESTMORELAND	SHERIFF'S OFFICE	25.08
MICHELLE WILLETT	SHERIFF'S OFFICE	37.84
ANGENETTA WILLIAMS	SHERIFF'S OFFICE	21.28
ANNETTE WILLIAMS	CORRECTIONS	31.00
REGINA WILLIAMS	ASSESSOR'S OFFICE	29.95
JOHN ZELINKA	ATTORNEY'S OFFICE	21.70



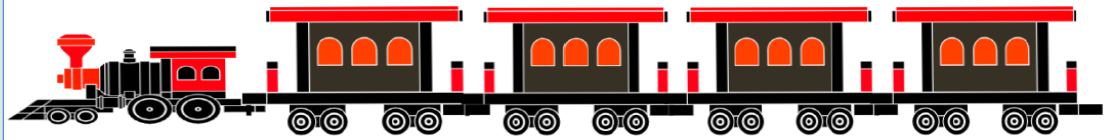
PATRICIA NIX	MED	03/30/2022
JOHN CARODINE	SHERIFF'S OFFICE	04/15/2022
CHARLES GRIFFIN	JUVENILE COURT	04/13/2022
JAMES R. MARTIN	INFORMATION TECHNOLOGY	04/13/2022
DORIS W. PEEL	COMMISSIONER	04/04/2022
MARY LOU ROGERS	S.C. HEALTH CARE	05/03/2022
PATRICIA BATES	PRE-TRIAL SERVICES	05/01/2022
DOUGLAS CARVER	SHERIFF'S OFFICE	05/11/2022
WILLIAM M. HUGHES JR.	SHERIFF'S OFFICE	05/15/2022

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Health Care Provider Contact Information Aetna (Post 65 Retirees)

1-877-281-0529

Cigna Medical

(Pre 65 Retirees and Active Employees)

1-800-558-7453

Cigna Dental

1-800-244-6224

Davis Vision

1-800-783-6872

Metropolitan life Insurance Co.(Metlife)

1-800-638-6420

Social Security Medicare

1-800-772-1213

Please Keep These Numbers in a Convenient Place

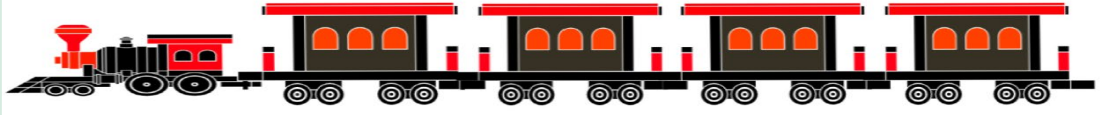


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THE SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



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2022 Shelby County Government Holidays

June 20, 2022	Juneteenth Day
July 4, 2022	Independence Day
September 5, 2022	Labor Day
November 11, 2022	Veterans Day
November 24, 2022	Thanksgiving Day
November 25, 2022	After Thanksgiving
December 23, 2022	Christmas Eve
December 26, 2022	Christmas Day

Payroll Information

It is essential that each retiree review his/her deposit advice and report any discrepancies regarding his/her insurance deductions.

Discrepancies must be reported within 60 days of the pay date in order to receive a credit for any incorrect changes.

Please help us make sure all information has been recorded correctly so that our records will reflect the proper data going forward.

The Retirement Office is close on above days.



2022 RETIREMENT PAYROLL

June 30, 2022

July 29, 2022

August 31, 2022

REMEMBER: Payday is the last business day of the month.

**Happy Birthday to all Retirees For
the Month of May 2022**



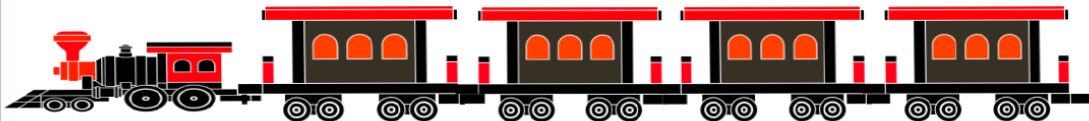
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SHELBY COUNTY GOVERNMENT RETIREE CONNECTION



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<https://memberservices.shelbycountyttn.gov/PGWebMember.exe>

RETIREMENT WEB MEMBER SERVICES

Retirees may continue to utilize the Web Member Services website to view their deposit statement, tax withholding, 1099-R, direct deposit information and payment history.

Please see the below hyperlink to the Web Member Services website:

<https://memberservices.shelbycountyttn.gov/PGWebMember.exe>

For those who aren't currently registered, please create an account in the upper left area of the Web Member Services Home Page

The Retirement Office must be notified in writing of all address and telephone number changes by mail at **Shelby County Government 160 North Main Street 7th Floor Memphis, TN 38103** or by FAX at 901-222-1960.

NAME _____
NEW ADDRESS _____
CITY _____
STATE _____ ZIP _____
PHONE# _____
E-MAIL ADDRESS _____
SIGNATURE _____

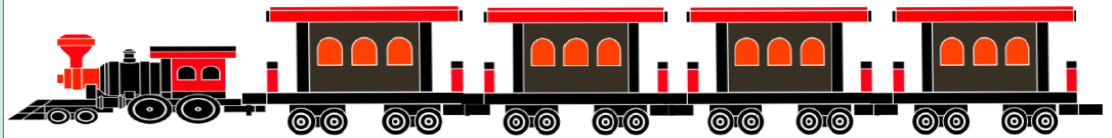


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**SHELBY COUNTY GOVERNMENT
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PENSION BOARD MEETING

Tuesday, June 14, 2022, 10:00 A.M.
160 North Main, Memphis, TN 38103
5th Floor Conference Room



Payroll Schedule
Thursday, June 30, 2022

Retirees thank you for Your Service to Shelby County Government



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