### **SPOUSAL CARVE OUT**

If an employee's spouse is eligible for health coverage under his/her employer sponsored plan, the spouse is NOT eligible for coverage under the County's medical plan. Annually, retirees will attest to whether their spouse is eligible for health coverage when enrolling in benefits.

In order for a retiree to cover his/her dependents through Shelby County Government's health insurance plan, the retiree must be covered under the plan. Shelby County Government offers health coverage to eligible retirees and their dependents, not to dependents only. This does not affect spousal benefits for retirees who currently have health coverage.

### Medicare

### MEDICARE INFORMATION

As a participant in Shelby County Government's health insurance plan, it is a requirement that retirees and their dependent(s) obtain Medicare Part A & Part B approximately 3 months prior to turning 65. It is a requirement, if eligible, that any retiree or dependent who is currently disabled, or becomes disabled, must also apply for Medicare Part A & B.



**Health Care Provider Contact Information Aetna** 

(Post 65 Retirees)

1-877-281-0529

Cigna Medical

(Pre 65 Retirees and Active Employees)

1-800-558-7453

Cigna Dental

1-800-244-6224

**Davis Vision** 

1-800-783-6872

Metropolitan life Insurance Co.

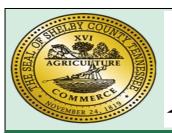
(Metlife) 1-800-638-6420

Social Security Medicare

1-800-772-1213

Please Keep These Numbers in a Convenient Place





### SHELBY COUNTY GOVERNMENT RETIREE

### CONNECTION



A monthly newsletter brought to you by the Shelby County Government Retirement Office Volume 2, Issue 4 April 2022

### **Healthy Recipe**

Healthy, delicious recipes, including quick dinner, easy lunch ideas, snacks, breakfast, soup and more, from the food and nutrition experts at: www.eatingwell.com

### **Baked Banana-Nut Oatmeal Cups**



### **Ingredients**

- 3 cups rolled oats
- 1 ½ cups low-fat milk
- 2 ripe bananas, mashed (about 3/4 cup) <sup>1</sup>/<sub>3</sub> cup packed brown sugar
- 2 large eggs, lightly beaten
- 1 teaspoon baking powder
- 1 teaspoon ground cinnamon
- 1 teaspoon vanilla extract
- ½ teaspoon salt
- ½ cup toasted chopped pecans

### STEP1

Preheat oven to 375 degrees F. Coat a muffin tin with cooking spray.

### STEP2

Combine oats, milk, bananas, brown sugar, eggs, baking powder, cinnamon, vanilla and salt in a large bowl.

Fold in pecans.

Divide the mixture among the muffin cups (about 1/3 cup each).

Bake until a toothpick inserted in the center comes out clean, about 25 minutes.

Cool in the pan for 10 minutes, then turn out onto a wire rack. Serve warm or at room temperature.

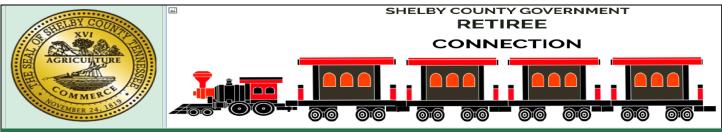




NAME	DEPARTMENT	Y.O.S
Andrew Chavers	Sheriff's Office	24.99
Michaele Byers	Sheriff's Office	32.09
Anthony Gates	Sheriff's Office	25.07
Richard Goforth	Sheriff's Office	25.00
Vincent Jennings	Sheriff's Office	30.07
Russell Kesler	County/City Transfer	6.35
Gwendolyn Lee	Corrections	32.83
Timothy McMackin	Sheriff's Office	26.62
Lloyd Potter	Support Service	27.30
Harry Plunk Jr.	Register's	36.34
Debra Rayford	Sheriff's Office	23.41
Mary Sims	Sheriff's Office	32.37
Jacqueline Watkins	Risk Management/ HR	19.33



Clarence Cash Jr.	Fire Department	03/16/2022
<b>Eugene Barksdale</b>	Sheriff's Department	03/07/2022
Harold Cockwell	Med	02/24/2022
Raz McElhaney	Support Service	03/17/2022
<b>Bonita Smith-Combs</b>	<b>General-Sessions</b>	03/11/2022
<b>Eldora Clincy</b>	Med	03/23/2022
Riley Malone	Road Department	04/04/2022
Mary A. Hill	Head Start	04/10/2022











2022

## THE SHELBY COUNTY GOVERNMENT RETIREE

#### CONNECTION



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### 2022 Shelby County Government Holidays

May 30, 2022 June **Memorial Day** 20, 2022 July 4, Juneteenth Day 2022 September 5, **Independence Day** 2022 November 11, **Labor Day** 2022 November 24, **Veterans Day** 2022 November 25, Thanksgiving Day Day 2022 December 23, After Thanksgiving 2022 December 26, **Christmas Eve** 

### **Payroll Information**

It is essential that each retiree review his/her deposit advice and report any discrepancies regarding his/her insurance deductions.

Discrepancies must be reported within 60 days of the pay date in order to receive a credit for any incorrect changes.

Please help us make sure all information has been recorded correctly so that our records will reflect the proper data going forward.

### The Retirement Office is close on above days.

**Christmas Day** 

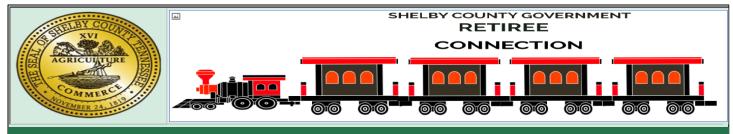


### 2022 RETIREMENT PAYROLL

May 31, 2022
June 30, 2022
July 29, 2022
REMEMBER: Payday is the last
business day of the month.

# Happy Birthday to all Retirees For the Month of April 2022









### RETIREMENT WEB MEMBER SERVICES

Retirees may continue to utilize the Web Member Services website to view their deposit statement, tax withholding, 1099-R, direct deposit information and payment history.

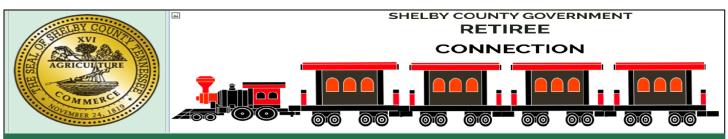
Please see the below hyperlink to the Web Member Services website:

https://memberservices.shelbycountytn.gov/PGWeb Member.exe

\*\*\*For those who aren't currently registered, please create an account in the upper left area of the Web Member Services Home Page\*\*\*

The Retirement Office must be notified in writing of all address and telephone number changes by mail at Shelby County Government 160 North Main Street 7th Floor Memphis, TN 38103 or by FAX at 901-222-1960.







### PENSION BOARD MEETING

Tuesday, May 10, 2022, 10:00 A.M. 160 North Main, Memphis, TN 38103 5th Floor Conference Room

May 2022							
Su	Mo	Tu	We	Th	Fr	Sa	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	31					

Payroll Schedule Tuesday, May 31, 2022

### Retirees thank you for Your Service to Shelby County Government

